



# VALLEY REAL LIFE

## REALationships | Trust

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### Last Week

Last week we talked about the importance of knowing and being known in relationships. Were you able to find an opportunity to learn something about someone you are in a relationship with this past week that you are able to share? If you can't share specifics, how was the experience?

### Opener

Who is one person (other than Jesus or your spouse) that you trust very deeply? Why do you trust them?

### Questions

Do you feel like it is easy or difficult for people to earn your trust? How?

What do you feel are characteristics of a trustworthy person?

*Follow Up:* How many of those characteristics do you have?

*Follow Up:* Have someone read Zachariah 8:16-17 and Colossians 3:8-10. What are ways that you can grow into a more trustworthy person?

What are some ways that you can safely develop trust with someone?

Have someone read Matthew 25:14-30. What does this passage teach us about the ways we can learn how to trust others?

*Follow Up:* All of us may not have gold to entrust to our friends but we do have things we value, notice that in the passage the Master was willing to give even a less trustworthy servant a measure of gold with the hopes of them exceeding their trust. When was the last time you attempted to foster trust in a relationship where there is a low level of trust?

*Follow Up:* What are some relationships that you should "deposit" some value to foster trust?

*Follow Up:* Now in certain relationships we are called to be forgiving (With fellow Christians, Your family, your Spouse, etc.) However, we see in this passage that

the Master rebukes and sends the servant away. What are some boundaries or lines that you can set to confront breaches of trust?

Have someone read Galatians 2:20 and 1 Corinthians 13:6-7. What are our foundations for trust and how does that foundation change the way that we should view and approach putting our trust in others and God?

### Next Steps

Who is someone this week that you need to work on trusting more and one person you need to work on being more trustworthy with? What is one step you can take to grow those relationships?