



VALLEY REAL LIFE

REALationships | Rely

Last Week

As we have been in this REALationship series for a few weeks now, what is something that has been challenging or convicting for you through this series?

Opener

(Have everyone answer this question) What are 2 things you can think of that you rely on daily? No Repeats!

Questions

What is the difference between TRUST and RELY?

Follow Up: What is something you trust but don't have to rely on?

Follow Up: What is something you have to rely on regardless of your trust?

Trust and Reliance are two very interconnected aspects in our relationships. How do they two interact with and affect each other?

How much do you tend to rely on God?

Follow Up: Why do you think that is?

Follow Up: Have someone read Deuteronomy 7:9, Psalm 55:22, and Psalm 59:16. What can we do to strive on rely on God more?

Who is the most reliable person you know? What are they like?

Follow Up: Are YOU a reliable person? How so?

Follow Up: How can you become a more reliable person?

Reliance is an important aspect in our earthly relationships; however, it is possible to be TOO reliant on others, without naming names, what are some characteristics of an over-reliant person?

Follow Up: What are some healthy habits to balance being overly reliant and unwilling to admit your need for others?

Next Steps

What is an area of your life that you are relying too much on yourself and not enough on God? What can you start doing this next week to let God take the reigns in that area?

Is there a relationship in your life that Rely is out of balance? What are some steps you can take to move it back towards balance?