



I Quit...Making Excuses

A Week in Review

Jesus desires to make you “new”. May this new year bring about lasting change in you.

Group Opener

What’s the lamest excuse you have ever heard or used?

Study Questions

Who set some goals for last year?

- How did you do on last year’s goals?
- What, if anything, kept you from reaching some of your goals?

How would you like improve your life physically, emotionally &/or spiritually this year?

What goals do you think God would like for you to strive for in this new year?

What steps will you need to take in order to attain the goals you believe God desires for you?

Read Luke 14:15-24. How does this passage pertain to the topic of excuses?

What are some excuses you have given God? What happened as a result?

What can you do in this coming year to stop making excuses and begin to follow Christ in a way that would reduce personal regret and be pleasing to God?

In Exodus 3-4, we see that Moses attempted to make many excuses so that God wouldn’t send him to free the Israelites in Egypt, feeling inadequate to do what God wanted him to do. Do you believe in your heart, that if called to do something for God, no matter how scary it may be to you, God would equip you to fulfill what he called you to do?

Have you made something in your life more important than God? If so, what?

Have you asked God to help you place Him first in your life? If not, why not now?

What is your next step in the effort to stop making excuses and to live without regrets?